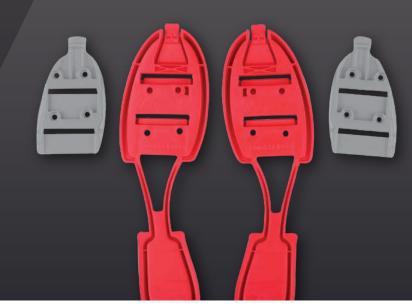


FITMENT GUIDE

BAT LOGIC QuickRelease System



QuickRelease System contains:

•	2 x ShoePlate Tops (1 x left & 1 x right)	Α
•	2 x BasePlates (1 x left & 1 x right)	В
•	8 x 10mm Counter Sunk Screws (for most foot boards)	С
•	8 x 12mm Counter Sunk Screws (for thicker foot boards)	D
•	8 x Nuts (for the BasePlate)	Ε
•	8 x 8mm Flat-Head Screws (for shoe attachment)	F





Associated products:

ErgAdaptor

Enjoy all of the benefits of the QuickRelease System on the ergo. Click from boat to erg.



CustomPack

Customize your QuickRelease System to adjust for leg length discrepancy or added heel













Equipment needed:

Philips Head Screw Driver and Spanner

THE QUICKRELEASE SYSTEM IS COMPATIBLE WITH ALMOST ALL **ROWING SHOES.**



SAFETY WARNING: FISA approved heel restraints must be used while rowing. The QuickRelease System is not designed for walking. Walking on it may cause injury.



STEP 1 – ATTACH YOUR ROWING SHOES

Attach your rowing shoes +/- CustomPack to the ShoePlate Tops, using your current screws or the 8 T-head screws (F) in the screw bag with the red zip. Do not ever use counter sunk screws to fit the shoe to your ShoePlates. The counter sunk screws supplied (C/D) are used to fit the BasePlates to your boat foot stretcher. Tighten screws in a diagonal pattern (i.e. top right to bottom left and then bottom right to top left).



Do not overtighten - hand tight only if using a screw driver, if using a drill, 5Nm max torque.

STEP 2 – ATTACH THE BASEPLATE

Remove the boat foot stretcher. Place 1 x nut (E) in one of the 4 hexagonal cavities on the top of the BasePlate. Screw the BasePlate to the foot stretcher using either screws (C) or (D) depending on the thickness of your foot stretcher. You will need to hold the nut as you screw the screw in (as shown). Repeat this for all nuts (E) and screws (C) or (D). You will need 4 screws only for each side (leaving you with 8 unused screws C or D).





STEERING FOOT ATTACHMENT

The QuickRelease System can be attached to a steering plate like a regular shoe. Simply fit the BasePlates to the steering plate/disc with the same instructions as above.







STEP 3 - ENGAGE YOUR SHOEPLATE TOPS INTO THE BASEPLATE

Line up the ShoePlate Top with the front tab of the BasePlate and place it on top. Slide the ShoePlate Top upwards to engage into the BasePlate, you should hear a click. Once engaged you should check the ShoePlate Top's tab is fully depressed by pushing down on it. This ensures a proper locked fitment. Clip on or tie on your FISA approved heel restraints. Repeat for each ShoePlate.







STEP 4 – TO RELEASE

Pull up on the release tab located at the toe of the ShoePlate Top to unlock it, slide the ShoePlate Top downwards to disengage from the BasePlate. You can now clip off or untie your heel restraints.





YOUR BOAT, YOUR SETTINGS, ANYTIME, ANYWHERE. BAT LOGIC.

